

LESSON 24

AUSPICIOUS PRAYER (MANGLIK)
CHATTARI MANGALAM

One of the most popular blessing prayers in Jainism is Chattari Mangalam. It is also called Manglik. When we go for the darshan or to listen to the sermons of sadhus and sadhvi and when we depart we request them to tell Manglik to us. So what is this Manglik? Here is the text of that Manglik.

Chattari Mangalam
Arihanta Mangalam
Siddha Mangalam
Sahu Mangalam
Kevali Pannato Dhammo Mangalam
Chattari Loguttama
Arihanta Loguttama
Siddha Loguttama
Sahu Loguttama
Kevali Pannato Dhammo Loguttamo
Chattari Saranam Pavajjami
Arihante Saranam Pavajjami
Siddhe Saranam Pavajjami
Sahu Saranam Pavajjami
Kevali Pannatam Dhammam Saranam Pavajjami

It has three stanzas and let us understand what they mean.

Chattari Mangalam	There are four auspicious things (in this world)
Arihanta Mangalam	Arihantas (conquerors of inner passions) are the auspicious.
Siddha Mangalam	Siddhas (perfect souls) are the auspicious.
Sahu Mangalam	Saints (sadhus and sadhvis) are the auspicious.
Kevali Pannato Dhammo Mangalam	The Teaching which has come from the Omniscient Ones is the auspicious.

In this we are reminded that there are four auspicious things in this world for our spiritual pursuit and we must know them to understand what to do. Arihantas and Siddhas are auspicious because they have attained the highest state of purity by conquering their

passions in their life. Saints are also auspicious because they are on that path of purity by controlling their passions in their life. And, the teaching which has come from the Omniscient Ones is the auspicious things because it explains us how to control our passions so we can attain liberation from karmas and ultimately salvation or Moksha.

Chattari Loguttama	There are four excellent things (in this world)
Arihanta Loguttama	Arihantas are supreme in this universe.
Siddha Loguttama	Siddhas are supreme in this universe.
Sahu Loguttama	Saints are supreme in this universe.
Kevali Pannato Dhammo Loguttamo	The Teaching which has come from the Omniscient one is the supreme in this universe.

These are four supreme things in this world. Arihantas and Siddhas are supreme because they have overcome hatred or attachment. They are our role model and mentor. They have shown us the same path they have walked so we can be like them. Saints have renounced this world and are walking through the path shown by Arihantas and Siddhas. They guide us to excel like them to reach purity of the soul. The Teaching which has come from the Omniscient one is the supreme in this universe because it concentrates on nothing but the purity of the soul.

Chattari Saranam Pavajjami	There are four shelters (in this world)
Arihanta Saranam Pavajjami	I am taking the shelters of Arihantas
Siddha Saranam Pavajjami	I am taking the shelters of Siddhas.
Sahu Saranam Pavajjami	I am taking the shelters of saints
Kevali Pannatam Dhammam Saranam Pavajjami	I am taking the shelters of the teaching which has come from the Omniscient Ones

There are all kinds of shelters in this world and most of them are for the betterment of our materialistic life. Materialistic life does not bring us a permanent happiness and what we are looking for is a permanent happiness or bliss. In that case there are only four shelters in this world which will lead us to that and they are:

- 1. Arihantas**
- 2. Siddhas**
- 3. Saints**
- 4. The teaching which has come from the Omniscient Ones**

By taking shelters with them does not mean that they are going to hold our hand and lift us up. Then how can they be shelters? In Jainism it is taught we have to do everything ourselves. They will show us the path which will lead us to the purity of our soul and in turn that will lead us to permanent bliss. So looking around everywhere else for help or

depending on someone else is not going to serve our needs. So let us get our house straight by focusing to learn about Arihantas, Siddhas, Saints and the teaching which has come from the Omniscient Ones and develop faith in them and follow what they have taught in our life. Then only there will be a light at the end of dark tunnel of this worldly life.